

Participating & Non-participating Ins Co & Networks as of 08.3.2018

The following is a list (as best we know it) of insurance companies that we do & do not participate with. Please keep in mind that this is not a complete list as it is constantly changing.

Participating Insurance Companies

- **Aetna** (We do not participate with LEAP Exchange Policy OR UVA Prime Mcare HMO)
- Anthem
- Assurant Health
- CareFirst BCBS – **ONLY IF CARD STATES FILE TO LOCAL PLAN**
- CIGNA – Great West
- CoreSource
- Federated
- FELRA/Associated Admin.
- Golden Rule
- **Humana, Regional, PPO, HMO**** (but not all) **** for the HMO WE MUST BE PCP!**
- **Humana Gold Choice (PFFS)**
- **Kaiser – PHCS NETWORK ONLY! (PHCS will be listed on card) DON'T TAKE KAISER FOUNDATION (HMO)!!**
- Mail Handlers
- **Medicaid – Famis, Famis Plus, Optima, INTotal Health, Anthem HK Plus, VA Premier, Plan First, GAP, CCC Plus – Aetna, Va Premier, Anthem Healthkeepers Plus, and Optima (established only)**
- Medicare
- Mutual of Omaha
- NALC/National Assoc. of Letter Carriers
- One Net – includes Alliance
- **Optima**
- Principle Financial Group
- State Farm
- **SQCN (Sentara Quality Care Network) – MJH employees that have Optima get a discounted copay when they see SQCN providers**
- **TriCare/Champus – includes Prime & Prime Remote – NEED TO BE PCM OR PT. PAYS MORE OUT OF POCKET**
- **Tricare TAMP**
- **United Healthcare HMO (includes MD IPA & Optimum - MUST BE PCP!**
- **United Healthcare PFFS (Medicare Solutions)**
- **United Healthcare Navigate and Core – MUST BE PCP**
- **UMR**

****** Please note where it says 'MUST BE PCP' it means we MUST BE PCP LISTED ON CARD IN ORDER FOR THE PATIENT TO BE SEEN HERE. IF WE ARE NOT PCP THEY CANNOT BE SEEN.**

****Non-participating Insurance Companies****

- **CCC Plus Products – United Healthcare and Magellan (Magellan is ok if secondary to Medicare)**
- **CareFirst BCBS – ONLY IF CARD STATES SEND DIRECTLY TO CAREFIRST.**
- **CIGNA – CONNECT NETWORK**
- **Aetna LEAP**
- **Medicare Advantage Plan:** Aetna UVA Prime Medicare HMO, Anthem Medicare, Optima Medicare, Cigna Medicare (Health Springs Preferred HMO-No Out Of Network Benefits)
- **GHI**
- **HUMANA EPO**
- **KAISER FOUNDATION (HMO)**
- **NABL IS NOT AN INSURANCE!!!!!! Pt with this will be considered SELF PAY**

Participating & Non-participating Networks

Participating Networks:

Beech Street

Coventry Healthcare

First Health

One Net - previously known as Alliance PPO

PHCS (Private Healthcare Systems)

VHN (Virginia Health Network)

MedCost Ultra/VHN (Dupont)

Non-participating Networks:

Multi-plan

United Healthcare Compass

United Healthcare Community Plan Dual Complete (UNLESS they have Out of Network Benefits)