

Participating & Non-participating Ins Co & Networks as of 2.18.2020

The following is a list (as best we know it) of insurance companies that we do & do not participate with. Please keep in mind that this is not a complete list as it is constantly changing.

Participating Insurance Companies

- **Aetna** (We do not participate with Mcare HMO, LEAP Exchange Policy OR UVA Prime Mcare HMO)
 - Anthem
 - Assurant Health
 - CareFirst BCBS – Patient needs to call their ins even if the cards say file to the local plan in your area.
 - CIGNA – Great West
 - CoreSource
 - Federated
 - FELRA/Associated Admin.
 - Golden Rule
 - **Humana, Regional, PPO, HMO**** (but not all) **** for the HMO WE MUST BE PCP!**
 - **Humana Gold Choice (PFFS)**
 - **Kaiser – PHCS NETWORK ONLY! (PHCS will be listed on card) DON'T TAKE KAISER FOUNDATION (HMO)!! DON'T TAKE VA PREMIER KAISER PERMANENTE!!**
 - Mail Handlers
 - **Medicaid** – Famis, Famis Plus, Optima, Anthem HK Plus, VA Premier, UHC, **Plan First (birth control & well woman exams ONLY)**
CCC Plus – Aetna, Aetna Better Health , Va Premier, Anthem Healthkeepers Plus, and Optima (established only)
 - Medicare
 - Mutual of Omaha
 - NALC/National Assoc. of Letter Carriers
 - One Net – includes Alliance
 - **Optima**
 - Principle Financial Group
 - State Farm
 - **SQCN (Sentara Quality Care Network) – MJH employees that have Optima get a discounted copay when they see SQCN providers**
 - **TriCare/Champus – includes Prime & Prime Remote – NEED TO BE PCM OR PT. PAYS MORE OUT OF POCKET**
 - **Tricare TAMP**
 - **United Healthcare HMO (includes MD IPA & Optimum - MUST BE PCP!**
 - **United Healthcare PFFS (Medicare Solutions)**
 - **United Healthcare Navigate and Core – MUST BE PCP**
 - **UNITED HEALTHCARE COMMUNITY PLAN DUAL COMPLETE RP (REGIONAL PPO SNP) -has out of network benefits even though we do not have a signed contract with this particular plan.**
 - **UMR**
 - **Virginia Premier Medicare Advantage Elite (HMO SNP) ONLY VA PREMIER ADVANTAGE PLAN WE ARE PAR WITH!!**
 - **WebTPA**
 - **WebTPA (CareValent/CustomInk)**
- ❖ **Flume Health, Inc. – Non Network Insurance Company, but OPEN ACCESS. Patient will be responsible for what the insurance doesn't cover. We will not adjust.**

****** Please note where it says 'MUST BE PCP' it means we MUST BE PCP LISTED ON CARD IN ORDER FOR THE PATIENT TO BE SEEN HERE. IF WE ARE NOT PCP THEY CANNOT BE SEEN.**

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****Non-participating Insurance Companies****

- **CCC Plus Products - Magellan (Magellan is ok if secondary to Medicare)**
- **CareFirst BCBS - Patient needs to call Carefirst even if card says send to local plan**
- **CIGNA - CONNECT NETWORK**
- **Aetna LEAP**
- **Empire BC/BS PLUS- NY (claims file to Va Beach, VA). THIS IS A MEDICAID**
- **Medicare Advantage Plan: Aetna HMO, Aetna UVA Prime Medicare HMO, Anthem Medicare, Optima Medicare, Cigna Medicare (Health Springs Preferred HMO-No Out Of Network Benefits), AARP Medicare Complete HMO Plan, Va Premier Advantage Gold (HMO), Advantage Platinum (HMO).**
- **GHI**
- **HUMANA EPO**
- **KAISER FOUNDATION (HMO)**
- **United Healthcare Dual Complete Community Plan but has In & Out of network benefits. If Medicaid as secondary ins then they will pick up most of the balance.**
- **NABL IS NOT AN INSURANCE!!!!!! Pt with this will be considered SELF PAY**
- **UNITED HEALTHCARE COMMUNITY PLAN DUAL COMPLETE HMO (will not pay for pts to be seen here)**
- **United Health One (multi plan) even if the card shows Golden Rule on it**
- **Virginia Premier Preferred Silver HD 6500 MEDICAID**
- **Virginia Premier MEDICAID Kaiser Permanente**
- **Virginia Premier Advantage Gold (HMO)**
- **Virginia Premier Advantage Platinum (HMO)**

Participating & Non-participating Networks

Participating Networks:

Beech Street

Coventry Healthcare

First Health

One Net - previously known as Alliance PPO

MedCost Ultra/VHN (Dupont)

Non-participating Networks:

Multi-plan

PHCS (Private Healthcare Systems)

VHN (Virginia Health Network)

United Healthcare Compass